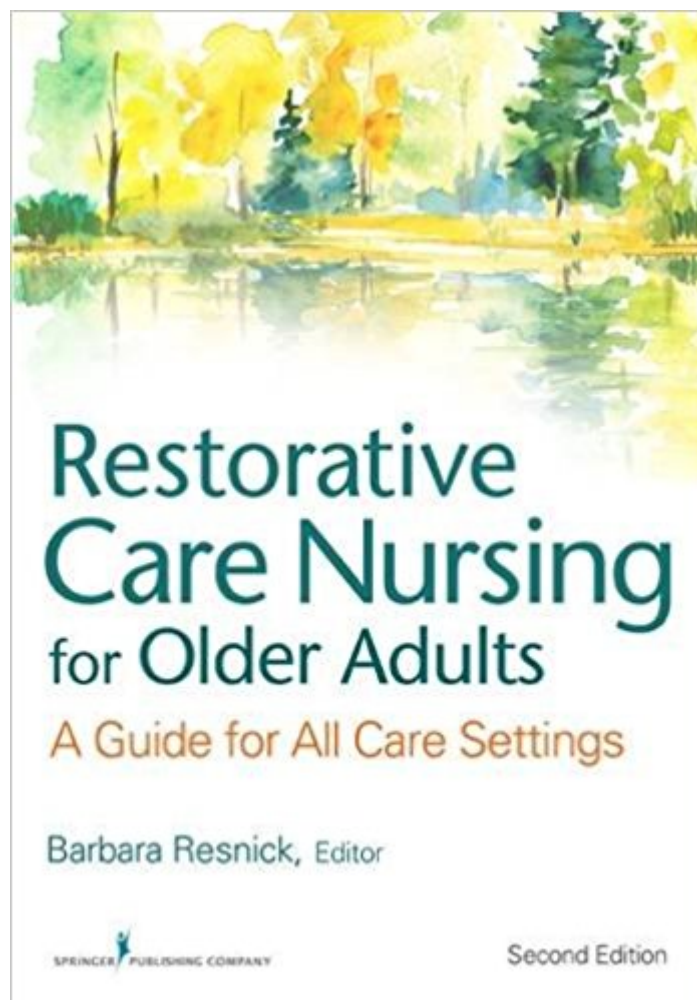


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# Restorative Care Nursing For Older Adults: A Guide For All Care Settings, Second Edition (Springer Series On Geriatric Nursing)



## Synopsis

Named a 2013 Doody's Essential Purchase! This is a terrific text with good basic information and a level of detail, tools, and practicality that make it a useful resource to get older adults mobilized in any setting."--The Gerontologist [This] book provides a practical hands-on perspective for implementing function focused care in all settings...[It] is a unique resource that is relevant for all nurses and health care providers working with older adults. In addition to addressing functional decline, function-focused care provides a fresh and practical solution to many of the problems that tend to arise with older adults such as infections, falls, and pressure ulcers all known to be associated with immobility." From the Foreword by Colin Milner CEO, International Council on Active Aging This book encourages individualization, which is difficult to achieve with more prescriptive approaches. This second edition includes chapters on cognitively impaired adults, ethical issues, and patient-centered care, all of which are so important in long-term care. I found it to be very motivating in the way it helped me apply the philosophy and strategies to elders with whom I come in contact. I would highly recommend this book to anyone working with elders. Score: 95, 4 Stars--Doody's Medical Reviews The purpose of restorative care nursing (often referred to as function-focused care) is to take an active role in helping older adults maintain their highest level of function, thereby preventing excess disability. This is the only volume to educate caregivers about both the philosophy of restorative care and how to integrate it into all care settings for older adults. Now in its second edition, the text contains updated content in each chapter along with two entirely new chapters on function-focused care for cognitively impaired adults, ethical issues, and patient-centered care. The book provides a complete six-week education program in restorative care for nurses and other caregivers, numerous practical suggestions for beneficial activities that will enhance function, and strategies for motivating both older adults and caregivers to engage in restorative care. Woven throughout the text is research that documents the benefits and expected outcomes of restorative care. The book also includes the requirements for restorative care across all settings, and the necessary documentation. Restorative Care Nursing for Older Adults will help formal and informal caregivers and administrators at all levels assimilate the philosophy of restorative care and be able to develop and implement successful restorative care programs. This New Edition Features: Completely updated information, including two new chapters on function-focused care for cognitively impaired adults, ethical issues, and patient-centered care A six-week education program that teaches practical application of restorative care nursing Helpful suggestions and strategies for motivating older adults and caregivers Education materials designed for nursing home, assisted living, and acute care settings, including required documentation and

goal-setting forms Educational materials for family caregivers

## Book Information

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## Customer Reviews

"Designated a Doody's Core Title and Essential Purchase! ""This is a terrific text with good basic information and a level of detail, tools, and practicality that make it a useful resource to get older adults mobilized in any setting.""--The Gerontologist ""[This] book provides a practical hands-on perspective for implementing function focused care in all settings...[It] is a unique resource that is relevant for all nurses and health care providers working with older adults. In addition to addressing functional decline, function-focused care provides a fresh and practical solution to many of the problems that tend to arise with older adults such as infections, falls, and pressure ulcers all known to be associated with immobility."" From the Foreword by Colin Milner CEO, International Council on Active Aging ""This book encourages individualization, which is difficult to achieve with more prescriptive approaches. This second edition includes chapters on cognitively impaired adults, ethical issues, and patient-centered care, all of which are so important in long-term care. I found it to be very motivating in the way it helped me apply the philosophy and strategies to elders with whom I come in contact. I would highly recommend this book to anyone working with elders. Score: 95, 4 Stars--Doody's Medical Reviews The purpose of restorative care nursing (often referred to as function-focused care) is to take an active role in helping older adults maintain their highest level of function, thereby preventing excess disability. This is the only volume to educate caregivers about

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Barbara Resnick, PhD, CRNP, FGSA, FAANP, FAAN, is Professor, Department of Organizational Systems and Adult Health, University of Maryland School of Nursing, and co-directs the Adult/Gerontological Nurse Practitioner Program and the Biology and Behavior Across the Lifespan Research Center of Excellence. She holds the Sonya Ziporkin Gershowitz Chair in Gerontology, and does clinical work at Roland Park Place. Her research program is focused on optimizing function and physical activity among older adults, exploring resilience and genetics on function and physical activity, and testing dissemination and implementation of interventions in real world settings. Dr. Resnick has over 250 published articles, numerous chapters in nursing and medical textbooks, and books on Restorative Care and Resilience in Older adults. She has held leadership positions in multiple organizations including the American Academy of Nurse Practitioners, Gerontological Advanced Practice Nurses Association, the Society of Behavioral Medicine, Gerontological Society of American and the American Geriatrics Society. Marie Boltz PhD, RN, GNP-BC, FGSA, FAAN, is Associate Professor at the Connell School of Nursing. She has served as PI on several studies that examined the trajectory of change in physical function. Some of her recent research has focused on testing system-level interventions to maximize physical and

cognitive recovery in older persons in the acute and post-acute settings. She has also served as PI, co-PI, and consultant on studies that have examined the geriatric care environment, models of care, and measures of quality around care of older persons. In her prior role as Practice Director of the Hartford Institute for Geriatric Nursing, she developed educational resources and project management tools for clinicians, families, and administrators, designed to improve the health and function of older adults. Dr. Boltz serves on several national advisory boards informing aging program development and evaluation. She contributes to editorial boards, is the lead editor of Evidence-Based Geriatric Nursing Protocols for Best Practice , and serves on several national advisory boards informing aging program development and evaluation.

Although this book offers wonderful information, that supports the necessity and benefits, that restorative care has for older adults in all care settings. The examples provided are very limited in each area of restorative care. This book would not increase the nursing assistants' knowledge base in the specific area of restorative nursing care. The book repeats the same basic information contained in every state mandated nursing assistant course curriculum in the nation. I was disappointed, I was expecting a useful tool to assist nursing assistants with additional information/training and skills to advance their practice in restorative care. I want to add, that I respect the collaboration of these four authors/educators for their research, published works, expertise and commitment to improving the quality of life of older adults residing in all care settings. This book is good for nurses that have no experience in restorative care and are not aware of the curriculum/course taught to nursing assistants students.

great

Very informative book- worth the price

This will be a very helpful reference as I venture into a new direction in my nursing career. I will need this when I start working as a restorative nurse.

bought for my wife . . just what she wanted

the book had a lot of good information that I applied to my work.

This is a reference that is written in clear understandable language. It contains excellent examples.

Very good resource with a lot of good teaching tools for CNAs Also nice ideas for working restorative time in for those clients with advancing dementia

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